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BOOK REVIEWS

IN CHARGE OF

M. E. CAMERON, R.N.

AMERICAN RED CROSS TEXTBOOK ON ELEMENTARY HYGIENE AND HOME CARE OF THE SICK. By Jane A. Delano, R.N., Chairman of the National Committee, Red Cross Nursing Service; Late Superintendent of the Nurse Corps, U. S. A.; of the Training School for Nurses, Bellevue Hospital, New York; and of the Training School for Nurses, Hospital of the University of Pennsylvania, Philadelphia; and Isabel McIsaac, R.N., Member of the National Committee Red Cross Nursing Service; Superintendent of the Nurse Corps, U. S. A.; Late Superintendent Illinois Training School for Nurses, Chicago; Author of *Primary Nursing Technique*, *Hygiene for Nurses*, *Bacteriology for Nurses*. Prepared for and Endorsed by the American Red Cross. Price \$1.00 net. P. Blakiston's Son and Company, 1012 Walnut Street, Philadelphia.

Designed to take its place with the Red Cross first aid text-books, the present volume is arranged so as to meet the requirements of the laity, rather than the nursing profession. To the teacher, the house mother, the social worker, rather than the nurse, its practical and preventive instruction is addressed.

In the preface, which is written by Miss Mabel Boardman, chairman of the National Relief Board of the American Red Cross, there is an especial appeal to society in general to maintain the unbroken chain of preventive hygiene which is essential for the maintenance of public health. "This study of elementary hygiene in connection with the person, the household and the community shows that, in the estimation of the authors, prevention is of the first and utmost importance."

The book is arranged in fifteen chapters and an appendix. Each chapter is prefaced by a skeleton outline for demonstration bearing on the subject treated in that particular chapter. Beginning with Bacteria and Their Relation to Health and Disease, it covers The Cause and Transmission of Disease, Food; Air; Ventilation; The House; Personal Hygiene; Care of the Sick in Their Own Homes; The Use of Simple Sick-Room Appliances, Symptoms of Disease; and the Household Medicine Closet. The appendix gives a list of reference books, on Hygiene, Sani-

tation, Home-Nursing and the Prevention of Disease, compiled by Isabel M. Stewart, R.N., Instructor, Department of Nursing and Health, Teachers College, Columbia University, New York, also a list of pamphlets bearing on United States Public Health Measures, Circulars for Information issued by the Division of Child Hygiene, embracing the care of the eyes, teeth, etc., also a number of diet lists and some few recipes for food and beverages for invalids.

A TEXT BOOK OF MIDWIFERY FOR STUDENTS AND PRACTITIONERS. By R. W. Johnstone, M.A., M.D., F.R.C.S., M.R.C.P.E., Assistant to the Professor of Midwifery in the University of Edinburgh; Physician Accoucheur, New Town Dispensary; Externe Assistant Physician, Royal Maternity Hospital; University Clinical Tutor in Gynecology, Royal Infirmary; Gynecologist, Livingstone Dispensary; Fellow of the Obstetrical Society of Edinburgh. Price \$3.50. Contains 264 Illustrations. The MacMillan Company, New York.

As its title indicates the present volume is addressed to medical students and practitioners, and although the author claims for it, that it is a "concise and practical presentment of midwifery" the average nurse will not make much headway in the labyrinths of technicality which extend over its pages. For a final reference it is invaluable, and its many plates, diagrams, and illustrations, offer remarkable opportunities to the advanced student.

A COMPEND OF DISEASES OF THE SKIN. By Jay F. Schamberg, A.B., M.D. Professor of Diseases of the Skin, Philadelphia Polyclinic and College of Graduates in Medicine; Fellow of the College of Physicians of Philadelphia; Member of the American Dermatological Association. Fifth Edition Revised and Enlarged. 112 Illustrations. Price \$1.25. P. Blakiston's Son and Company. Philadelphia.

An old friend which belongs to the Quiz Compend Series, revised and carried up to the present standards and newer theories. New chapters treat of vaccines and the use of carbon dioxide.

SWEDISH EXERCISES. By Thomas Luke, M.D., F.R.C.S. Medical Superintendent Peebles Hydro and Kur Hotel. Author of *Physiotherapy and Climatology*, etc.

HOW TO READ AND WRITE PRESCRIPTIONS. By Lytton Maitland, M.D., B.S., D.P.H.